Fashion Upcycling With Demelza 2

R261655A

Join our professional tutor in our professional studio and be introduced to basic upcycling skills. Join this friendly class to learn some sewing stitches and create a working diary to document your progress all whilst using some basic maths and literacy skills to improve your confidence.

We are working in partnership with Demelza Rochester who will be providing items to upcycle as part of Sustainable fashion week. Items will then be returned to the Rochester shop for display and to be sold. Learners will be able to purchase these items if they wish to do so.

All resources are provided and that includes the use of fabrics, specialist needles and threads.

Start Date:	07 January 2027
Start Time:	13:30
Lessons:	10
Weeks:	10
Hours:	20.00

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

WHAT WILL I LEARN ON THIS COURSE?

Learners will:

1. Calculate the correct size of trim for one at least garment or project
2. Weigh and calculate the amount of fabric / components that you cannot use from your project and will need to go to landfill or donation
3. Keep a working diary of at least 6 entries to plot your progress and impact of the course to include annotates and evaluations

Learners will also:

- Plan and design an effective upcycle project or garment
- Use literacy skills to further research ideas
- Use and apply literacy skills to create diary entries and evaluations.

IS THIS COURSE SUITABLE FOR ME?

Suitable for beginners and those with some sewing experience

IS THERE ANYTHING ELSE I NEED TO KNOW ABOUT THIS COURSE?

All tools and resources are provided for learner use.

WILL THERE BE ADDITIONAL COSTS?

No

WHAT COULD I GO ON TO DO AFTER THIS COURSE?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as medway School of Art and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide - range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester centre and again on Moodle. Your tutor will be able to talk through with you and your individual progression options.
If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. https://nationalcareersservice.direct.gov.uk
If you need further advice, please telephone 01634 338400.

WHAT IS THE ATTENDANCE POLICY

Multiple sessions-
To get the most out of the course:

- Try to attend at least 90% of sessions
- Let your tutor know if you will miss a class
- If you are ill or absent, contact: 01634 338400

HEALTH & SAFETY

Health and Safety Disclaimer

By taking part in this course, you understand that Sewing involves use of tools, materials and equipment and carries some risk.

You agree that:

- Sewing activities can involve some risk (tools, materials)
- Work at a level that suits your ability
- Wear suitable clothing and protect your work area
- Agree to the ground rules and follow safety guidance from your tutor
- Medway Adult Education is not responsible for personal injury or damage to personal property.
- By attending the course, you confirm that you have read and understood this information.